# You Get The Highest Quality House And Office Cleaning Service. Reliable And Flexible...Since 1992

# **ENJOY \$75 OFF\***

CHOOSE THE MOST
TRUSTWORTHY CONSISTENT &
HIGHEST-QUALITY CLEANING

YOU RELAX...WE CLEAN!

\*Offer good for Weekly & Every Other Week Services. \$25 off on the 3rd, 5th and 7th cleaning. Only New customers. Cannot be combined with any other offers Has no cash value.

Call Now at 301-990-4179

Offer expires 07/31/2023.



"What We Think, We Become"

Buddha

July 2023, Our very dear Client, **May webe kind,** 

Personally, and professionally, the phrase "What We Think, We Become" keeps me on track and has helped me to be aware.

My thoughts of Lilly's Cleaning Service create who we are as a Company, so I also chose them carefully.

It is July and time for me to stop and renew my usual main intention for 2023 "toobserve my thoughts, choosing the ones that bring kindness to my heart in my pursuit of an inner and external world filled with love, joy, peace, abundance, and freedom".

Yes, I am still "practicing noticing my feelings"

Is my observation that for example, if someone says something and my stomach contracts, when I name the feeling, like anxiety, or fear, and I let it go, the original thought dissipates, my muscle relaxes, and I find my peace again. Just like that!

In general, it is easier when I catch the thought or the feeling as soon as they show up, stopping right there a cascade of thoughts or feelings that do not serve my higher purpose.

This self-training helps me to safeguard my inner peace and joy, my dearest treasure!!!

And here is my new self-challenge...my brain, as part of its natural function and programming, is always judging my surroundings and myself. I have noticed that when I am able to not judge and only observe, it is easier for me and others TO BE. It is delightful!!!

When I am not judging, ugly, or beautiful, bad, or good, right, or wrong, etc. whatever I am observing intensifies its essence and it relaxes me. This is an exciting new challenge for me. And because I love the results, I see myself going after this new goal and being present.

Respectfully, and because I care about my companions in life, I invite you to try this endless and liberating practice. :)

And as we do at Lilly's twice a year, every January and July, we pause and complete our office staff performance evaluations. This helps us to wake up and keeps all of us on track with our supreme intention of consistently delivering the highest quality cleaning and the excellent, reliable, and flexible customer service you deserve.

Which thoughts, feelings and behaviors are we cultivating to keep us in **Integrity** with our promise to you?

You are happy and so are we!

And now, we start another episode, rejuvenated, and certain of our semiannual goals and our forever...

#### Commitment to Deliver

ConsistentHigh-Quality Cleaning Results and an Excellent, Reliable and Flexible Customer Service We Deliver. You Enjoy it.

I am holding you in my heart with **DEEPGRATITUDE** and appreciation for considering Lilly's Cleaning Service, Inc. as your cleaning needs provider. It comes back to you multiplied with love, joy, peace, abundance, and freedom. It is!

Above all, We are One and Many. We are the Ocean and the Drop. And I see YOU!

I love you all.

Liliana Loether President Lilly's Cleaning Service, Inc.

### A Clean House Is A Healthy Home!



15 Easy Tips How To Get Rid Of Clutter

(Click on the Image to Read)

### We Make A Difference!



16 Ways to Organize Your Home Like a Professional

(Click on the Image to Read...)



# **Smart, Stylish, And Practical Room Organization Ideas**

(Click on the Image to Read)

### Learn about Lilly's Detailed Cleaning Routine...click here!



Lilly's Cleaning Service
July

**Birthdays** 

Maria Paredes	7/05
Analí Salvatierra	7/06

#### **Anniversary**

Iveth Cruz	7/11
Guadalupe Granados	7/12
Claudia Benítez	7/20



We are Committed to the Improvement of our Operations.

Let us know your Thoughts!



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Gift Card

Give Peace of Mind and Relaxation

### **Stay Connected**







We Would LOVE IT if

# Give The Gift of Freedom Give Lilly's Gift Card

A Lilly's Gift Card is a always a great option when you are looking for gift ideas. Giving our recurrent cleaning service to your loved ones will free up a few extra hours of their time, each week or month, to enjoy the freedom to do what they want to do or just get some much-needed sleep. Give them relaxation and freedom. You will get back what you give.

## you Took a Moment to Write us a Review!



Click on the image to go to our Google page.



Click on the image to go to our Facebook page



# Crossword Puzzle (Click below for this month's puzzle)



Lilly's Cleaning Service, Inc 301-990-4179

#### **Visit Our Website**

OUR MISSION AT LILLY'S IS TO MAKE YOU SMILE EACH TIME YOU COME HOME...

Wow....Lilly's Was Here!







4.5 out of 5



### Lilly's Cleaning Service, Inc

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